

# Rudiment Routine

1. Always practice with a metronome. Beginners should start around quarter=55 bpm  
-Increase speed with level of competence
2. Tap foot to quarter note throughout
3. When you are comfortable with #2, play bass drum on quarters and h.h. on 2+4
4. When you are comfortable with #3, play "samba" bass drum and h.h. pattern
5. Play rudiments with brushes
6. MEMORIZE!!!!

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Single Stroke

1

R L R L R L R L R L R L R L R L  
L R L R L R L R L R L R L R L R

5

R L R L R L R L R L R L R L R L  
L R L R L R L R L R L R L R L R

9 Double Stroke

R R L L R R L L R R L L R R L L  
L L R R L L R R L L R R L L R R

13

R R L L R R L L R R L L R R L L  
L L R R L L R R L L R R L L R R

17 Paradiddle

R L R R L R L L R L R R L R L L

21

R L R R L R L L R L R R L R L L

25 Double Paradiddle

R L R L R R L R L R L L R L R L R R L R L L R L R R L R L L

29

R L R L R R L R L R L L R L R L R R L R L L R L R R L R L L

4Xs

## Flams

31

R L R L R L R L R L R L R L R L R L R L R L R L

## Flam Tap

35

RR LL RR LL RR LL RR LL

## Flam Accent

4Xs

39

R L R L R L R L R L R L R L R L R L R L

## (triplets)

4Xs

41

R L R L R L R L R L R L R L R L R L R L

## 3 Stroke Ruff

43

R L R L R L R L R L R L R L R L R L R L

## Single Drag

47

RL LR RL LR RL LR RL LR RL LR RL LR RL

## Double Drag

51

R R L L R R L L R R L L R R L L R R L L

Ratamacues  
(single)

53

R L R L R L R L R L R L R L R L R L R L

55 (double)

R R L R L L L R L R R R L R L L L R L R R L R L R L R L R L R L R

59 (triple)

R R R L R L L L R L R

Drage Paradiddle

61

R R L R R L L R L L R R L R R L L R L L R R L R R L L R L L R

65 (triplets)

R R L R R L L R L L R R L R R L L R L L R R L R R L L R L L R R L R R L L R L L R

69 Drag Paradiddle #2

R R R L R R L L R L L

Lesson 25

71

R R L R R L R R L R R L  
L L R L L R L L R L L R

Flamadiddle

75

R L R R L R L L R L R R L R L L

Flamacue

79

R L R L R R L R L R R L R L R R L R L L R L R R L R L L  
L R L R L L R L R L R L R L R L L R L R L R L

83 Flamadiddle-diddle

R L R R L L L R L L R R R L R R L L L R L L R R R L R R L L L R L L R R

87 (triplets)

R L R R L L L R L L R R R L R R L L L R L L R R R L R R L L L R L L R R R L R R L L L R L L R R

91 Rolls (5 Stroke)

R R L L R L L R R L R R L L R R L L R R L L R R L L R R L L R R L L

95

R R L L R L L R R L R R L L R R L L R R L L R R L L R R L L

97 (7 Stroke)

R R L R R L R R R L R R L R R L R R L L R R L L R R L L R R L L

101

R R L R R L R R R L R R L R R L R R L L R R L L R R L L

103 (9 Stroke)

R R R L L L L R R R R L L L L R R R L L R R L L R R L L

107

R R R L L L L R R R R L L L L R R R L L R R L L R R L L

109 (10 Stroke)

2x R R R L R R R L R R R L R R R L R R L  
 2x L L L R L L L R L L L R L L L R L L L R

113

2x R R R L R R R L R R R L R R R L R R L  
 2x L L L R L L L R L L L R L L L R L L L R

115 (11 Stroke)

2x R R R L R R R L R R R L R R R L R R L  
 2x L L L R L L L R L L L R L L L R L L L R

119

2x R R R L R R R L R R R L R R R L R R L  
 2x L L L R L L L R L L L R L L L R L L L R

121 (13 Stroke)

R R R R L R L L L R R R R L L L L

125

R R R R L L L R R R R L L L L

127 (15 Stroke)

R R R R L R R R R L R R R R L R R R R L  
 L L L L R L L L L R L L L L R L L L L R

131

R R R R L R R R R L R R R R L R R R R L  
 L L L L R L L L L R L L L L R L L L L R